



CAMP RESILIENCE

2024 VETERAN EQUINE RETREAT

Oct 3-5

Join us for a three day retreat rejuvenation and adventure in Bristol, New Hampshire!

Camp Resilience offers a retreat that will be a combination of equine interaction activities at Ladd Farm in Bristol and other FUN activities adapted to your level of physical ability. Workshops will focused on wellness through lifestyle changes.

You Matter. Your Mental Health Matters.

Working with and building relationships with horses fosters resiliency, leading to growth and well-being for both the humans and the horses.

This is not a horseback-riding program; it is an experiential program designed to bring about change for the humans and the horses through practicing:

Lodging, meals, and activities are provided at no cost to participants.



Space is limited - For more information or to apply visit

<https://camp-resilience.org/retreats/>

Please send questions to info@camp-resilience.org

or

call 978 219 4003.

