



CAMP RESILIENCE

MILITARY, VETERAN, AND FIRST RESPONDER
FAMILY RETREAT 2025

JUNE 20 - 22

Join us for 3 days of family fun and adventure at
Lantern Light Camp in beautiful Northwood, NH!

Camp Resilience proudly partners with New England Collaborative Training and Retreats to offer this unique family wellness experience to military, veteran, and first responder families. Whether a two-parent or single-parent family, you are welcome to attend. Enjoy three days together, having fun and finding new ways to improve your family relationships. Camp Resilience retreats provide skill-based family building sessions, group activities and free time for family connection. Families will stay in rustic cabins with bunk beds and will enjoy the rare opportunity for electricity and internet-free surroundings. Participants are required to bring their own bedding, and the minimum age of children is 7 years old.

Family Resilience. It Matters.

Improve the way your family:

- Communicates
- Respects & Supports Each Other
- Works and Plays Together
- Expresses Affection & Affirmation

FUN activities may include:

- Swimming
- Canoeing/Kayaking
- Hiking
- Arts and Crafts
- Games
- And MORE!



Lodging, meals, and activities are provided at no cost to participants. You must provide your own transportation to and from the retreat.

Space is limited - For more information or to apply
visit

<https://camp-resilience.org/retreats/>

Please send questions to info@camp-resilience.org or call 978 219 4003.

