



CAMP RESILIENCE

• VETERAN WINTER BUSHCRAFT SKILLS RETREAT •

JANUARY 24 -26
2025

Join us for 2 1/2 days of resiliency training through an exciting wilderness survival skills adventure.

Camp Resilience, in partnership with the American Red Cross, Ladd Farm and Badger Wilderness Guides presents an exciting Winter Bushcraft Skills Retreat.

- tool making
- knotcraft & basketry
- shelter building
- primitive fire
- navigation
- backcountry cooking
- wilderness first aid
- water sourcing
- tracking

Activities serve as a conduit for achieving personal and group goals in an exciting setting. Developing their own survival tool kit, Veterans will enhance winter bushcraft skills and create wonderful memories. Workshops include both indoor, and outdoor activities, and may include; Defusing Anger, Developing Everyday Resiliency, and the Importance of Emotional Grit.

HEATED LODGING IS AVAILABLE ON-SITE DURING INCLEMENT WEATHER.

This fabulous retreat experience takes place on the beautiful 200 acre Ladd Farm, overlooking the pristine Newfound Lake in Bridgewater, New Hampshire.

Join us for this reflective and invigorating retreat experience!

LODGING, MEALS, AND ACTIVITIES ARE PROVIDED AT NO COST TO PARTICIPANTS. TRANSPORTATION TO/FROM THE RETREAT IS NOT PROVIDED.

Space is limited. To apply:
camp-resilience.org

Questions call: 978 -219-4003

www.camp-resilience.org

[@CampResilience](https://www.instagram.com/CampResilience)

