



CAMP RESILIENCE

• EQUINE ASSISTED LEARNING RETREATS - 2023 •

JUNE 15-17
or
NOVEMBER 3-5

UpReach Therapeutic Equestrian Center
Goffstown, NH

Camp Resilience, in partnership with the UpReach Therapeutic Equestrian Center, invite Veterans to spend a meaningful weekend engaging in equine-assisted learning activities. This program will be facilitated by a team skilled in working with veterans and the issues they face.

Horses Matter For Healing!

Working with and building relationships with horses fosters resiliency, leading to growth and well-being for both the humans and the horses.

This is not a horseback-riding program; it is an experiential program designed to bring about change for the humans and the horses through practicing:

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- Communication
 - Mindfulness
 - Authenticity, and
 - Relational skills

Lodging, meals, and activities are provided at no cost to participants.



Space is limited - For more information or to apply visit
www.camp-resilience.org/futureretreats

Please send questions to info@camp-resilience.org or call 978 219 4003.

