



CAMP RESILIENCE

• 2024 RETREAT FOR MILITARY OR VETERAN COUPLES •

FEBRUARY
16-18

Join us for 3 days of togetherness and adventure in the beautiful Lakes Region of New Hampshire

Camp Resilience is pleased to offer this couples retreat for Military and Veteran Couples. It will be packed with helpful relationship focused workshops and plenty of indoor and outdoor FUN!

Relationships Matter. Invest in Each Other.

Workshops will include 6 Life Skills Workshops:

- Communication Danger Signs
- Financial Health
- Speaker – Listener Technique
- Events, Issues and Hidden Issues
- Problem Solving
- Fun, Friendship and "Ground Rules"

AND, other activities, such as:

- Snowshoeing
- Yoga
- Indoor Rock Climbing
- and more!!



Lodging, meals, and activities are provided at no cost to participants.

Space is limited. To apply:
www.camp-resilience.org/futureretreats

Questions 978 -219-4003

info@camp-resilience.org

