



CAMP RESILIENCE

• MILITARY KIDS WELLNESS RETREAT - 2024 •

AUG 16-18

Join us for 3 days of family fun and adventure at Camp Berea, Hebron, NH!

Camp Resilience proudly offers this retreat to help the children of active military personnel or veterans better deal with issues that can arise from their parents' military service as well as the challenges facing all kids today. Enjoy three days together, having fun and finding new ways to improve in your family relationships.

Children ages 11-17 of those that have served and at least one of their parents are welcome to attend. However, due to the sensitive nature of some of the topics that will be discussed, younger children cannot attend.

Workshops to Include:

- Resiliency
- Growth Mindset
- The Dark Web
- Bullyproofing
- And More!

FUN activities may include:

- Swimming
- Mountain Coaster
- Hiking
- Nature Center
- Games
- And MORE!



Family Resilience. It Matters.

Lodging, meals, and activities are provided at no cost to participants.



Space is limited - For more information or to apply visit
<https://camp-resilience.org/retreats/>

Please send questions to info@camp-resilience.org or call 978 219 4003.