



August 18-20, 2023 Family Retreat Schedule

Friday, Aug 18

1600-1800: Participants arrive & check in;
1800-1900: Dinner at Fireside;
1900-2000: Welcome briefing

Saturday Aug 19

0730-0830: Breakfast at Fireside
0830-0845: Travel to Gilford Community Church
0845-1200: Family Workshops: 7 Habits 1-3
1200-1300: Lunch at GCC
1300-1800: Family activities (Gunstock, Funspot, Gilford Beach)
1800-1900: Dinner at Fireside, Family "Rap" Session

Sunday Aug 20

0730-0830: Breakfast at Fireside
0830-0900: Check out of rooms
0900-0930: Travel to Squam Lake Natural Science Center
0945-1130: Red Cross Family Resiliency workshop
1130-1200: After-action review with participants
1200-1300: Lunch, Families free to explore Science Center prior to departure